

Find a participating Dentist in the Dental HMO/Managed Care plan

The Dental HMO/Managed Care plan's network includes both private practice dentists and those who are in a clinic environment. You can find the names, addresses, languages spoken and phone numbers of participating dentists by searching our online **Find a Dentist** directory.



Step 1:
Go to [metlife.com](https://www.metlife.com)



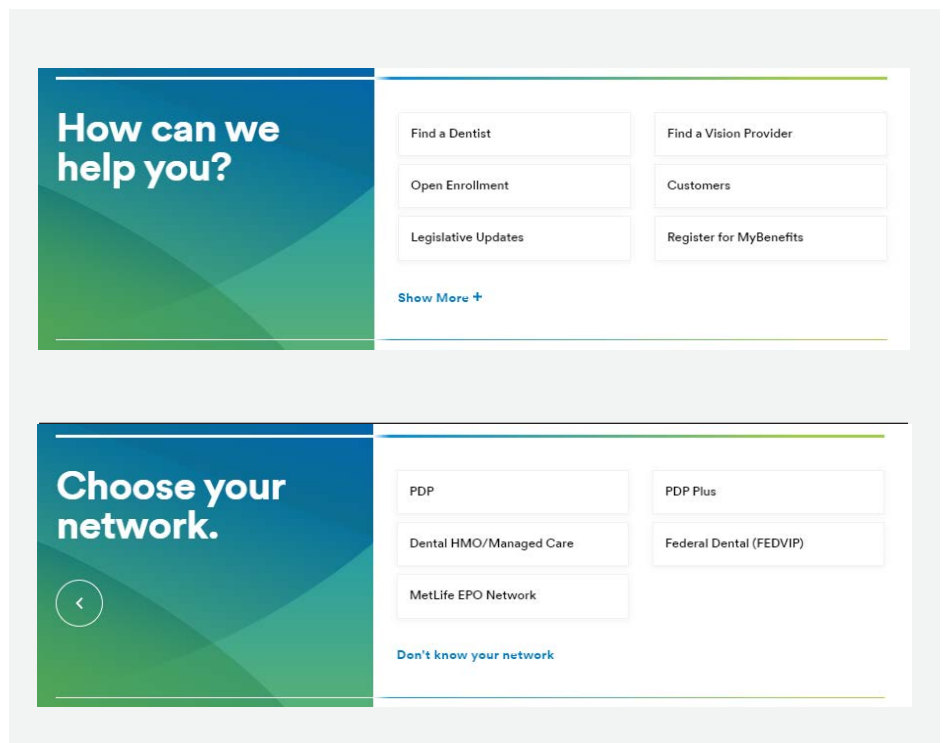
Step 2:
Select "Find a Dentist"
next to "How can we
help you?"



Step 3:
Select "Dental HMO/
Managed Care" next
to "Choose your
network (Met335)."

Enter your Zip, City or State and select the "Find a Dentist" button. You will then be prompted to select your plan from the list. The plan name is located in your Schedule of Benefits.

Once a provider is selected, employee will need to provide the Facility Number as listed in the MetLife DHMO directory.



The screenshot displays two sections of the MetLife website. The top section, titled "How can we help you?", features a blue header and a grid of buttons: "Find a Dentist", "Open Enrollment", "Legislative Updates", "Find a Vision Provider", "Customers", and "Register for MyBenefits". A "Show More +" link is at the bottom. The bottom section, titled "Choose your network.", also has a blue header and a grid of buttons: "PDP", "Dental HMO/Managed Care", "MetLife EPO Network", "PDP Plus", and "Federal Dental (FEDVIP)". A "Don't know your network" link is at the bottom. Both sections have a green and blue gradient background on the left side.

Dental Managed Care Plan benefits are provided by Metropolitan Life Insurance Company, a New York corporation, in NY. Dental HMO plan benefits are provided by: SafeGuard Health Plans, Inc., a California corporation, in CA; SafeGuard Health Plans, Inc., a Florida corporation, in FL; SafeGuard Health Plans, Inc., a Texas corporation, in TX; and MetLife Health Plans, Inc., a Delaware corporation, and Metropolitan Life Insurance Company, a New York corporation, in NJ. The Dental HMO/Managed Care companies are part of the MetLife family of companies.

DHMO” is used to refer to product designs that may differ by state of residence of the enrollee, including but not limited to: “Specialized Health Care Service Plans” in California; “Prepaid Limited Health Service Organizations” as described in Chapter 636 of the Florida statutes in Florida; “Single Service Health Maintenance Organizations” in Texas; and “Dental Plan Organizations” as described in the Dental Plan Organization Act in New Jersey.

Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.

